

# Nido#1 - Infant Daily Schedule

6 Weeks to Walking Infants

This daily schedule is provisional and is based upon the infants daily need for nourishment and rest. Diaper changes and toilet visits are routine as the child is soiled. Breast feeding parents are free to come and feed whenever possible. Each child's unique, natural biological rhythms are observed and respected as he or she goes about the daily work of self-creation; creating the person within the child.

Time	Activity Description
6:30-8:30	The children arrive; warm greetings are given to the child, parent and well check. <b>**Children who have not eaten or who are hungry will have breakfast.</b>
8:30-9:00	Outdoor play and Exploration
9:00-11:00	Work Period: Includes use of developmental aids for fine motor skills, language, movement, development of the will and concentration of the will. Scheduled time for the parents to visit is always available.
11:00-12:00	Lunch and then clean up
12:00-1:00	Continue working period
12:30	Half Day Pickup
12:30-2:30	Nap time (children who awake may transition into the work/movement areas)**When children awake from nap a snack is available per the needs and service plan.
2:30-3:30	Afternoon snack
3:30-5:30	Work period/movement and music or rest as needed
5:30 - 6:30	Clean up and prepare for pick up

# *Nido#2- Infant Daily Schedule*

12 Months to 24 Month Infants

Diaper changes and toilet visits are routine as the child is soiled. Breast feeding parents are free to come and feed whenever possible. Each child's unique, natural biological rhythms are observed and respected as he or she goes about the daily work of self-creation; creating the person within the child.

Time	Activity Description
6:30-8:30	The children arrive; warm greetings are given to the child and parent ,and well check. <b>**Children who have not eaten or who are hungry will have breakfast.</b>
8:30 to 9:00	Outdoor play & exploration
9:00-11:00	Work Period: Includes use of developmental aids for fine motor skills, language, movement, development of the will, and concentration of the will. Scheduled time for the parents to visit is always available. Morning snack time is included.
11:00-11:30	Outdoor play & exploration
11:30-12:30	Lunch and then clean up
12:30-2:30	Half Day Pickup
12:30	Nap Time
2:30-3:00	Afternoon snack
3:00-4:30	Work Period: Includes use of developmental aids for fine motor skills, language, movement, development of the will, and concentration and the will.
4:30-5:00	Outdoor play & exploration
5:00-6:00	Work period/movement and music
6:00 - 6:30	Clean up and prepare for pick up