



# *Belltower Montessori Academy*

## MARCH 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b>	<b>2</b>
Drinks: 1% Milk or Pure Juice Water (Offered all day)			Cheerios / Fruit / Milk  Grilled Cheese with green beans. Fresh fruit.  Wheat Thins and Fruit	Oatmeal / Fruit / Milk  Fish sticks, Corn and Fresh fruit.  Trail Mix
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
Bagels / Cream Cheese / Juice  Chicken Salad with mixed vegetables and fresh fruit.  Vegetables with Ranch Dip	Cinnamon Toast / Fruit / Milk  Alfredo Pasta with Broccoli and Oranges  Ritz Crackers and Cream Cheese	Cereal / Crasins / Juice  Ground Turkey, cream of mushroom with rice and corn and fresh fruit  Wheat Thins and Fruit Cocktail	Rice Pudding with Raisins  Baked Macaroni & Cheese with broccoli and Fresh fruit  Cheese Crackers and Pears	Oatmeal/ Fruit/ Milk  Tuna Fish Wraps with green beans and apples  Trail Mix
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
English Muffins / Fruit / Milk  Quesadilla with Green Beans. Fresh fruit.  Vegetables with Ranch Dip	Yogurt / Fruit / Milk  Spaghetti with Marinara sauce and Fresh Fruit  Pretzels & Cranberries	Toast with Fruit Jelly / Milk  Chicken fried rice and Fresh fruit.  String Cheese & Raisins	Applesauce/ Graham Crackers/ Milk  Turkey and Cheese sandwiches with carrots and fresh fruit  Saltines with cheese and Fruit	Fruit Cocktail / Wafers / Milk  Baked Fish with rice and green beans. Fresh fruit.  Trail Mix
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
Bagels / Cream Cheese / Juice  Baked Chicken with green beans. Fresh fruit.  Vegetables with Ranch Dip	Cinnamon Toast / Fruit / Milk  Ground Turkey with Pasta and mixed veggies. Fresh fruit  Ritz Crackers and Cream Cheese	Cereal / Crasins / Juice  Grilled Cheese with green beans. Fresh fruit.  Wheat Thins and Fruit Cocktail	Rice Pudding with Raisins  Vegetarian Chili with mashed potatoes. Fresh Fruit  Cheese Crackers and Pears	Oatmeal/ Fruit / Milk  Fish Sticks with mixed veggies and fresh fruit.  Trail Mix
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
English Muffins / Fruit / Milk  Chicken Bites with Veggies. Fresh fruit.  Vegetables with Ranch Dip	Yogurt / Fruit / Milk  Baked pasta with Broccoli Fresh fruit.  Pretzels & Cranberries	Toast with Fruit Jelly / Milk  Grilled Cheese with green beans. Fresh fruit.  String Cheese & Raisins	Applesauce/ Graham Crackers / Milk  Enchilada Pie and fresh fruit  Wheat Thins and Fruit	Fruit Cocktail / Wafers / Milk  Tuna with green beans and Fresh fruit.  Trail Mix