



Belltower Montessori Academy

July 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Chicken salad sandwich carrots and Fresh fruit	Baked Pasta with sauce Fresh Fruit.	Vegetable Stir Fry. Fresh Fruit	 School Closed	School Closed
8	9	10	11	12
Quesadilla with Vegetables Fresh fruit	Chicken Fried Rice. Fresh Fruit	Turkey Pasta Salad Fresh Fruit	Spaghetti with Marinara Fresh Fruit.	Macaroni and Cheese with broccoli. Fresh Fruit.
15	16	17	18	19
Turkey Tacos. Fresh fruit	Baked Pasta with Marinara and cheese. Fresh Fruit.	Chicken salad Fresh Fruit	Quesadilla with Green beans Fresh Fruit	Alfredo with Broccoli Fresh Fruit
22	23	24	25	26
Baked Macaroni and Cheese with broccoli. Fresh Fruit.	Chicken Fried Rice with vegetables. Fresh Fruit	Spaghetti with Meat sauce and sweet corn. Fresh Fruit	Grilled Cheese sandwiches with carrots. Fresh Fruit	Turkey Pasta Salad Fresh Fruit
29	30	31		
Turkey wrap Carrots Fresh fruit	Cream of Mushroom with Chicken & Rice. Fresh Fruit	Grilled Cheese sandwiches with carrots. Fresh Fruit		Drinks: 1% Milk or Pure Juice Water (Offered all day)